



MEDICAL CERTIFICATE

I certify that I have carefully examined
son / daughter ofand that his/her age
is aboutand that he/she is of the required physical standard
as prescribed overleaf.

Some of his / her particulars are as follows:-

Weight.....Kg Height.....ft..... inches (.....cm)
Chest Unexpandedinches (.....cm) Expanded.....inches (.....cm)
Vision: Left Eye..... Right Eye.....

Details of glasses (if worn)
Marks of Identification
.....

Any other remarks :
.....

Signature of the Applicant
(in the presence of the medical officer)

District Medical Supdt /
Commissioned Medical Officer
(As Approved by NUST)
See Para 4 on Reverse

PHYSICAL AND EYESIGHT STANDARD FOR ADMISSION

For admission a candidate must be in good mental and physical health and free from any physical defect. The fitness requirements are given below:-

1. Chest expansion not less than 1 inch.
2. Distant vision 6/9 in one eye and 6/12 in the other with or without glasses. He / She also must have normal field and colour of vision, muscular balance, night vision and binocular vision.
3. The candidate should meet the following standards as well: -
 - a) Hearing is good and there is no sign of ear disease.
 - b) Speech is without impediment.
 - c) Teeth are in good order. He must have 10 teeth in the upper jaw functionally opposed to 10 sound lower jaw. Two of these in each jaw must be molar. Well-filled teeth will be considered as sound.
 - d) Chest is well-formed and the lungs and heart are sound.
 - e) He is not ruptured and does not suffer from a severe degree of varicose veins. A candidate who has been successfully operated upon is accepted.
 - f) Limbs are well-formed and developed.
 - g) There is free and perfect motion of all joints.
 - h) Feet and toes are well-formed.
 - i) Does not suffer from any inveterate skin disease.
 - j) Does not have any congenital malformation or defect.
 - k) Does not bear traces of any previous acute or chronic disease pointed constitution.
4. Following Hospitals / clinics are approved:-
 - a) All Provincial / District Government Hospitals.
 - b) All Military Hospitals.
 - c) Al-Shifa Trust Eye Hospital, Rawalpindi.
 - d) Kidney Centre, Rawalpindi.
 - e) Christian Eye Hospital, Taxila.
 - f) The Clinic, 10 Hali Road Westridge, Rawalpindi.
 - g) Habib Clinic, H No. 260, Gali No. 17, G-10/4, Islamabad
 - h) Nisar Nursing Home, Kamalabad, Rawalpindi.
 - i) Brig. (R) Iftikhar Muhammad (For Eyes), 150-A, Adamjee Road, Rawalpindi.
 - j) Mubarik Nursing, H-19, Harley Street, Rawalpindi.
 - k) Dr. Mohammad Arshad Khan, H No. 20, St. 1, F-6/3, Islamabad
 - l) Shifa International Hospital, H-8/4, Islamabad.
 - m) Aga Khan Hospital, Karachi
 - n) Heart International, Rawalpindi.